

## HELPFUL INFORMATION –

### LOCAL RESOURCES

**110 State Police**

**112 Emergencies only**

**113 Ambulance**

**67222922 or 27722292 “Skalbes” Crisis Center 24/7**

***DISCLAIMER:** This information is provided as a service to American Citizens. The U.S. Embassy assumes no responsibility for the organizations listed herein. Suggestions for additional organizations are welcome.*

### Low-Cost Hostels and Hotels

Name	Address	Phone Number	Price Starts at
<b>Riga Hostel</b>	Merkela iela 1, Riga	+371 67224520	EUR 5
<b>Seagulls Garrett Hostel</b>	Valnu iela 41, Riga	+371 20323462	EUR 10
<b>Tiger Hostel</b>	Raina bulvaris 31, Riga	+371 22846042	EUR 10
<b>Hostel Emma</b>	Emmas iela 28, Riga	+371 67430196	EUR 10
<b>Amigo Hotel</b>	Antonijas iela 14	+371 67333352	EUR 11
<b>Baltic City Hostel</b>	Merkela iela 1, Riga	+371 26321852	EUR 14
<b>Central Hostel</b>	E. Birznieka-Upisa iela 20, Riga	+371 22322663	EUR 18
<b>Cheap &amp; Good Apartments</b>	Merkela iela 3, Riga	+371 27020022	EUR 18
<b>Happy Hostel</b>	Kartupelu iela 8 & Esplanades iela 1, Riga	+371 67704151	EUR 20
<b>Knight’s Court Guest House</b>	Bruninieku iela 75, Riga	+371 67311303	EUR 27
<b>Barons City Central Hostel</b>	Kr. Barona iela 25, Riga	+371 29105939	EUR 31

### Night Shelters for Homeless

Name	Address	Admittance Requirements	
<b>Riga Shelter</b>	Maskavas iela 208, Riga	<b>Males only</b>	Tel; +371 67037675/6 day Tel: +371 67037120 night <a href="mailto:rigaspatversme@riga.lv">rigaspatversme@riga.lv</a>
<b>Riga Shelter</b>	Eizenijas iela 1, Riga	<b>Females only</b>	Tel: +371 67105241 day Tel: +371 67105634 24/7 <a href="mailto:rigaspatversme@riga.lv">rigaspatversme@riga.lv</a>

<b>Shelter “Red Cross Latvia”</b>	Gaizina iela 7, Riga	<b>Males and females</b>	Tel: +371 67336650 day Tel: +371 29884047 night <a href="mailto:lluta.luste@redcross.lv">lluta.luste@redcross.lv</a>
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## Day Center for Homeless

Name	Address	Working Hours	Services
<b>Riga Shelter Day Center</b> for Homeless and Needy	Katolu iela 57, Riga	9:00 a.m. – 5:00 p.m. November to March – open on weekends and holidays Tel: +371 67181663 <a href="mailto:rigaspatversme@riga.lv">rigaspatversme@riga.lv</a>	Social worker, primary health care, showers, laundry. In exchange of some help and participation in daily activities free meals provided

## Soup Kitchens

<b>Soup Kitchen</b> at Agenskalns Market (between Mazo Nometnu and Zellu Street)	weekly	12:00-1:00 p.m.
Riga Center, Kr. Barona iela 56	Monday to Saturday	9:00-11:00 a.m.
Riga Center, Kr. Barona iela 126	Daily	12:00-1:00 p.m.
Soup Kitchen, Laktas iela 8/1	Business days	09:00 – 11:00 a.m.

## Psychologists/ Domestic violence counselors

<b>Ansis Jurgis Stabingis</b> <a href="http://psih.lv/english-speaking-psychotherapist/">http://psih.lv/english-speaking-psychotherapist/</a>	English speaker
<b>Maija Ozolina Molokailima</b> <a href="http://www.gaiacentrs.lv/about_maija.html">http://www.gaiacentrs.lv/about_maija.html</a>	English speaker
<b>Resource Center for Women “Marta”,</b> Matisa iela 49-3, Riga Ph: +371 67378539 <a href="http://www.marta.lv">http://www.marta.lv</a>	
<b>Center against abuse “Dardedze”,</b> Cieceres iela 3a, Riga Ph: +371 67600686 <a href="http://www.centrsdardedze.lv">http://www.centrsdardedze.lv</a>	

## Consultations regarding social and legal issues in Latvia

Information Centre of the Society Shelter "Safe House" consultations free of charge regarding:

- social assistance issues (pensions, etc.);
- employment (labor law);
- migration (residence permits, visas);
- rights of tenants (issues related to housing);
- family law (family reunification, divorce, inheritance matters, etc.);
- legalization and recognition of education documents;
- starting a business (issues related to entrepreneurship), etc.

Professional and experienced lawyers will consult on business days from 10:00 a.m. to 5:00 p.m. by phone, e-mail and in person (a visit should be arranged in advance).

**You can receive the information on the activities of the Centre and answers to your questions at**

**Riga office: phones: +371 2556 5098, + 371 2861 2120**

E-mail: [konsultacijas@patverums-dm.lv](mailto:konsultacijas@patverums-dm.lv), Skype: PatverumsDM

Address: Lacplesa Street 75 - 9/10, Riga, LV-1011

If your present place of residence is located outside Riga, please contact our regional offices:

**"Latgale" in Daugavpils: +371 25723222**

**"Vidzeme" in Cesis: +371 25719266**

**"Zemgale" in Jelgava: +371 25719588**

**"Kurzeme" in Liepaja: +371 25719118**

Useful information regarding living in Latvia [www.integration.lv](http://www.integration.lv)

## Psychiatric care/evaluation

<b>Mental Hospital</b> (Rigas Psihiatrijas un Neurologijas Centrs), Tvaika iela 2, Riga	Evaluation, treatment <a href="http://www.rpnc.lv">www.rpnc.lv</a>	Medical documents/statement provided to the patient only, on exigent circumstances provided to law enforcement, including the orphan courts
<b>Mental Health Center "Pardaugava"</b> , Lermantova iela 1, Riga	Evaluation, day-care, treatment <a href="http://www.rpnc.lv">www.rpnc.lv</a>	
<b>Mental Health Center "Veldre"</b> , Veldres iela 1a, Riga	Evaluation, day-care, treatment <a href="http://www.rpnc.lv">www.rpnc.lv</a>	

## Domestic abuse shelters/ Crisis Centers

<b>Center against abuse "Dardedze"</b> , Cieceres iela 3a, Riga Ph: +371 67600686 <a href="http://www.centrsdardedze.lv">http://www.centrsdardedze.lv</a>	Counseling in parenting, child abuse, assistance for children who are victims of crime
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<b>Resource Center for Women “Marta”</b> , Matisa iela 49-3, Riga Ph: +371 67378539 <a href="http://www.marta.lv">http://www.marta.lv</a>	Counseling in domestic violence cases Hotline 80002012 to report human trafficking
<b>Latvian Red Cross</b> , Sarlotes iela 1D, Riga Ph: +371 67336651 e-mail: <a href="mailto:secretariat@redcross.lv">secretariat@redcross.lv</a> <a href="http://www.redcross.lv">www.redcross.lv</a>	Crisis Center “Burtņieks”, Burtņieku iela 37, Riga Ph: +371 67202732 24/7 Home Care, assistance service
<b>Crisis Center “Skalbes”</b> , Kungu iela 24, Riga Ph: +371 67222922 <a href="http://www.skalbes.lv">http://www.skalbes.lv</a>	Crisis and legal counseling 24/7 crisis hotline LMT +371 67222922 Bite +371 27722292

## Hospice

<b>Oncology Center of Latvia</b> , Palliative Care Department, Hipokrata iela 4, Riga Ph: +371 67042063 <a href="https://www.aslimnica.lv/en/saturs/department-palliative-care">https://www.aslimnica.lv/en/saturs/department-palliative-care</a>	
<b>Children’s Palliative Care Society</b> , University Children’s Hospital, Vienības gatve 45, Riga Ph: +371 67064443 e-mail: <a href="mailto:hospis@bkus.lv">hospis@bkus.lv</a> <a href="http://www.palliative.lv">http://www.palliative.lv</a>	

## Pro bono lawyers/legal aid

<b>SIA Jur Tec</b> , Lomonosova iela 9, 1 <sup>st</sup> Floor, Room 46, Riga Ph: +371 67162701 +371 29787822 <a href="http://jurtec.lv/en/">http://jurtec.lv/en/</a>	Some free legal counseling offered
<b>EiroTemida</b> , A. Caka iela 83/85-6, Riga Ph: +371 67270292 (10:00-16:00) Ph: +371 29180099 (emergencies only) <a href="http://advokati-juristi.temida.lv">http://advokati-juristi.temida.lv</a>	Pro bono legal counseling over the phone Legal counseling at the office less than 30.00 Eur
<b>Juridiskās palīdzības aģentūra (Legal Aid Administration)</b> , Pils laukums 4, Riga Ph: 80001801; +371 67514208 <a href="http://jpa.gov.lv">http://jpa.gov.lv</a>	Legal counseling available
<b>Jurveda</b> , Blaumana iela 6-12, Riga Ph: +371 67217733	Some free legal counseling

<a href="http://www.jurveda.lv">www.jurveda.lv</a> e-mail: <a href="mailto:info@jurveda.lv">info@jurveda.lv</a>	
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## Alcoholics anonymous

<b>Latvijas Anonimo Alkoholiku Sadraudzība (AA)</b> , Anglikanu iela 2, St. Savoir's Church, Riga Ph: Stephan +37126533374, Norvel +37129848832 <a href="http://aa.org.lv/en/">http://aa.org.lv/en/</a>
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## English Speaking Places of Worship

<b>Anglican Church St. Saviour Church</b>
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Anglikanu iela 2., Riga Open to all denominations. Service on Sundays
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<b>Church "Apustuļu ceļš"</b>
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Slokas iela 42., Riga Service on Sundays. English sermon translated into Latvian and Russian. Tel.: +371 2662 3932
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<b>Dome Cathedral</b>
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Dome Square, Riga Open to all denominations. Service in English on Sundays. Tel: +371 6720 927
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<b>Mary Magdalene Church</b>
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Klosterā iela 2., Riga Catholic Mass in English every Sunday.
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## Religious leaders/clergy providing short-term counseling/visit to prison

<b>Catholic Chaplains in Latvia</b>
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<a href="http://katolis.lv/en/church-in-latvia/organisations-and-associations/chaplains.html">http://katolis.lv/en/church-in-latvia/organisations-and-associations/chaplains.html</a>
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<b>Evangelical Lutheran Church in Latvia</b>
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<a href="https://www.oikoumene.org/en/member-churches/evangelical-lutheran-church-of-latvia">https://www.oikoumene.org/en/member-churches/evangelical-lutheran-church-of-latvia</a>
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<b>Elmars Plavins</b>
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NAF Military Chaplaincy Chief of Chaplains Krustabaznīcas iela 9/11, Riga, LV 1006 Ph: +371 67335856, Mob: +371 29470807; e-mail: <a href="mailto:elmars.plavins@mil.lv">elmars.plavins@mil.lv</a>
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<b>Andris Grots</b>
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Pastor Sigulda Lutheran Church Baznīcas iela 2, Sigulda, LV 2150 Ph: +371 67973228
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Mob: +371 22002414

## International associations and clubs

**American Chamber of Commerce in Latvia** - <http://www.amcham.lv/en>

Dzirnavu iela 74/76-55

Tel: +371 6721 2204

**Expat organization in Latvia** - <http://www.expatslatvia.lv/>

**Expat Community in Latvia** - <https://www.internations.org/latvia-expats>

**International Woman`s Club of Riga (IWRC)** - <http://www.iwcr.lv/>

## Sports associations

### Latvian Federation of American Football

Aviacijas iela 5-87, Riga, LV 1057

Ph: +371 22000157 (Matiss Stabulnieks)

e-mail: [info@lafaf.eu](mailto:info@lafaf.eu)

**Team "Riga Lions"**

<http://rigalions.eu/team/coaches/>

### Latvian Baseball Federation

<http://www.beisbols.lv/>

## Translations/Interpreters

*Courts provide interpreters during the hearings, the Orphan Courts do not provide interpreters, you have to bring one with you.*

### Baltic Translations

Brīvības iela 85, 4<sup>th</sup> floor

Riga

Ph: +371 28866169

e-mail: [info@baltictranslations.lv](mailto:info@baltictranslations.lv)

<http://baltictranslations.lv/en>

### SKRIVANEK

Lāčplēša iela 87C, Riga

Ph: +371 67 240 364, +371 26 181 355

e-mail: [birojs@skrivane.lv](mailto:birojs@skrivane.lv)

[www.skrivane.lv](http://www.skrivane.lv)

### A & S Translations

Merķeļa iela 10-23

Riga  
Ph: +371 67 228 410; +371 67 227 059  
e-mail: [a.s@auns.lv](mailto:a.s@auns.lv), [tulkojumi@auns.lv](mailto:tulkojumi@auns.lv)  
[www.auns.lv](http://www.auns.lv)

## Education

<b>International School of Latvia</b> Meistaru iela 2. Pinki Tel: +371 6775 5146 e-mail: <a href="mailto:frontdesk@isl.edu.lv">frontdesk@isl.edu.lv</a> <a href="http://www.isl.edu.lv">www.isl.edu.lv</a>	Preschool, elementary school and high school
<b>International School of Riga</b> Zvejnieku Str. Riga Tel: +371 6762 4622 e-mail: <a href="mailto:frontdesk@isriga.lv">frontdesk@isriga.lv</a> <a href="http://www.isriga.lv">www.isriga.lv</a>	Preschool, elementary school
<b>Jules Verne Riga French School</b> Patversmes iela 20, Riga, LV 1005 Ph: + 371 29141791 e-mail: <a href="mailto:administrateur@ecolejulesverne.lv">administrateur@ecolejulesverne.lv</a> <a href="http://www.ecolejulesverne.lv">www.ecolejulesverne.lv</a>	Preschool, elementary school
<b>Riga German School (Deutsche Schule Riga)</b> Dzirnavu iela 16, Riga, LV 1010 Ph: +371 29250084 e-mail: <a href="mailto:schule@deutscheschuleriga.lv">schule@deutscheschuleriga.lv</a> <a href="http://www.deutscheschuleriga.lv">www.deutscheschuleriga.lv</a>	Preschool, elementary school
<b>Six Senses International Preschool</b> Visbijas prospekts 47, Riga, LV 1005 Ph: + 371 25133508 e-mail: <a href="mailto:riga@6sensesinternational.com">riga@6sensesinternational.com</a> <a href="http://www.6sensesinternational.com">www.6sensesinternational.com</a>	Preschool